

CURRICULUM VITAE

Name, Surname: Zeynep Zehra Gümüş

Date of Birth: 15/05/1987

Title: MD, Internal Medicine Specialist

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Languages: English (advanced), Turkish (main language)



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Work Experiences

Title	Place	Date
Internal Medicine Specialist	Aster DM Healthcare, Springs Royal Clinic	April 2024 to now
Internal Medicine Specialist	Aster DM Healthcare, Arabian Ranches Royal Clinic	April 2023 – April 2024
Consultant and Assistant Professor	Izmir Katip Celebi University, Department of Internal Medicine, Izmir, Turkey	August 2019 – March 2023
Consultant (Obligatory rural area service) Responsible doctor of the routine dialysis unit	Doğubeyazıt State Hospital, Ağrı, Turkey	June 2017- August 2018
Specialist	Izmir Katip Celebi University, Department of Internal Medicine, Izmir, Turkey	January 2017- May 2017
Fellowship	Izmir Katip Celebi University, Department of Internal Medicine, Izmir, Turkey	January 2012- January 2017
General Practitioner	Burhaniye State Hospital Emergency Ward, Balıkesir, Turkey	October 2011- January 2012

Educations:

Medical School: Dokuz Eylul University Medical School, Izmir, Turkey. September 2005 – August 2011

Internal Medicine Residency: Izmir Katip Celebi University, Department of Internal Medicine, Izmir, Turkey. January 2012- January 2017.

Homeopathy Training: Center for Homeopathic Education, London, UK. September 2021 to now

Duties and responsibilities in Aster Springs Royal Clinic:

- Appropriately consulting the patients to diagnose and treat a variety of diseases.
- Ordering and interpreting diagnostic test results.
- Diagnosing and treating acute illnesses, such as bacterial and viral infections, as well as chronic diseases (diabetes mellitus, heart failure, hypertension, hypercholesterolemia, obesity).
- Reviewing patients' medications, blood pressure, blood sugar, and weight with the patients.
- Patient education regarding diet, exercise, mindfulness, their current diseases, etc.
- Immunizing patients against preventable diseases.
- Referring patients to other medical specialists, when necessary.
- Saving electronic medical records into the system.
- Providing support and advice to patients receiving long-term care.

Certifications:

DHA Internal Medicine License: 28/09/2022

Principles and practice of clinical research, Harvard Medical School- 2014

Hypnotherapy, Ministry of Health- 2022